

CONGESTIVE HEART FAILURE POST TEST

1. CHF is a condition in which the heart can't pump enough blood to the body's other organs.
 - A. True
 - B. False
2. CHF develops rapidly with no symptoms.
 - A. True
 - B. False
3. All of the following are risk factors for CHF except:
 - A. Previous Heart Attack
 - B. Hypertension
 - C. Proper Exercise
 - D. Alcohol and Drug Abuse
4. Which of the following is a symptom of left sided heart failure?
 - A. Shortness of Breath
 - B. Tiredness
 - C. Cough
 - D. All of the above
5. Which of the following is a symptom of right sided heart failure?
 - A. Buildup of fluids in veins
 - B. Edema of the feet, legs and ankles
 - C. Frequent urination, especially at night
 - D. All of the above
6. Fluid buildup from CHF can affect your kidneys and can lead to kidney failure.
 - A. True
 - B. False
7. Which of the following is a symptom of CHF?
 - A. Shortness of Breath
 - B. Restlessness
 - C. Confusion
 - D. All of the above
8. All of the following are treatment for CHF except:
 - A. Rest and proper diet
 - B. Drugs
 - C. Consuming copious amounts of alcohol
 - D. Surgery
9. CHF can only be diagnosed by chest x-ray.
 - A. True
 - B. False
10. A preventative measure for CHF includes:
 - A. Smoke a pack of cigarettes per day
 - B. Drink alcohol regularly
 - C. Weigh yourself once a week
 - D. None of the above